

West Pennine Road Club 14 Mile Hilly Time Trial



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Wednesday 14th June 2023

This is a Lakes & Lancs SPOCO counting event

Event Secretary: Daniel Shand

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Event HQ: Knowle Green Village Hall, Clitheroe Road, Knowle Green, PR3 2YQ Signing-on and numbers will be at the HQ and don't forget to sign-out as well.

HQ Opens: 6:30pm

First Rider Off: 7:31pm

Timekeeper: Mr Peter Briscoe

Directions to start: Turn right out of the Village Hall car park and ride for approximately 0.3 miles

on the B6243, to the start, at the building previously known as "The Hall Arms" public house.

CTT Regulation 14: Competitors Machine – FRONT WHITE LIGHT and REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 17: Signing-on & Signing-Out Sheet

- a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing—Out Sheet.

Local Regulations

All riders must observe and adhere to the following local regulations:

Local Reg. No. 5: For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg. No. 6: Any competitor making a "U" turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg. No. 10: Warming up on the course is not permitted during the duration of the event.

Local Reg No. 15: Riders must keep on the left hand side of the road unless overtaking. Failure to comply with the above may lead to disqualification.

Other Information

- Riders must give their number at the finish or elsewhere if requested.
- Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).
- Riders must NOT ride with their heads down.
- Riders MUST GIVE WAY when leaving the circuit. Riders not giving way will be disqualified. This is a blackspot for incidents – please see the map.

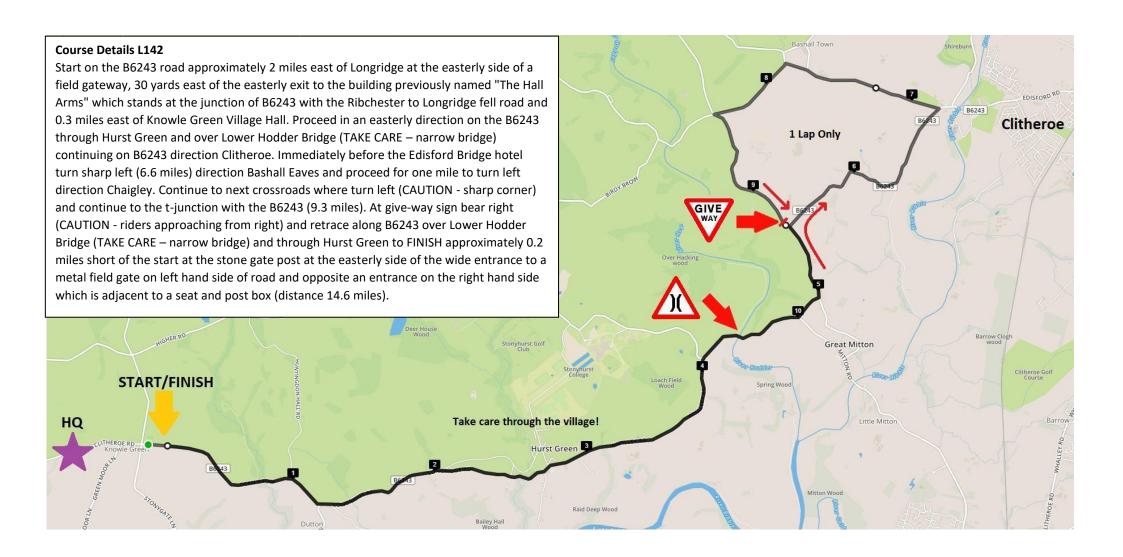
Rider Safety

Helmets: ALL COMPETITORS MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15)

Awards — One rider one prize except for team prize.

1 st Fastest	£30
2 nd Fastest	£20
3 rd Fastest	£10

1st Fastest V40	£10
1st Fastest V50	£10
1st Fastest V60	£10
1st Fastest V70+	£10
1 st Fastest Junior/Juvenile	£10
1 st Faster Women	£10
Team Prize	Fastest team of 3
	£10 each



Beware of bad road conditions!